

City of Yonkers

Department of Parks, Recreation & Conservation
285 Nepperhan Avenue | Yonkers, NY 10701



SPRING/SUMMER 2023

Community Recreation



yonkersny.gov
register.communitypass.net/yonkers





MISSION STATEMENT

The Department of Parks, Recreation and Conservation operates and maintains, in partnership with the residents and visitors, a recreational system which enriches the quality of life for the present and future generations in a safe, enjoyable and affordable environment.

GUIDING PRINCIPLES

- Commits to serving and providing recreational opportunities to the best of our ability with respect and courtesy
- Encourages team work and mutual support with our employees and volunteers
- Provides stewardship of the City's Park Facilities



Mayor Mike Spano

CITY OF YONKERS

YonkersNY.gov

Dear Resident:

Thanks to our Yonkers Parks Department, there is something for everyone to enjoy this season. With winter in our rearview, the next few months will highlight the beauty that is our Yonkers Parks.

There's an abundance of activities in store for those of all ages to enjoy. In addition to the different varying features in all of our parks, there are a number of upgrades and improvements at some of our neighborhood parks that I am excited for you and the whole family to enjoy, including new soccer mini pitches, fitness centers and even the city's first-ever sensory garden.

This year, we are adding Pickleball to the Parks Department's robust list of offerings. A cross between ping-pong and tennis, pickleball has become the fastest growing sport in the nation. Be sure to visit the courts at Conor, Kinsley and Schultze Parks to try your hand at it!

Back by popular demand, our bands and movies have made the Film & Concert Series one of the highlights of our City's summer months. I hope you enjoy our evenings of family movies and concerts throughout the 80 different parks in Yonkers.

Also, Camp Rays is once again back and continues to grow by leaps and bounds! Open to children ages 5 through 14, this six-week camp runs from July 3 to August 11 and features fun field trips, indoor and outdoor sports, water activities, and much more. Registration for Camps Rays, Camp Pride, and our Pre-K Summer Camp is now open. Boating season is also just around the corner, and we've got four-and-a-half miles of beautiful waterfront for you to explore here in Yonkers. You can launch boats, jet skis, kayaks and canoes from our very own JFK Marina. One-day permits and annual permits are more affordable than ever.

I encourage you and your family to explore all that Yonkers has to offer. Whether you're enjoying a night out watching a movie with the family or attending a ball game, let's enjoy our parks together.

To learn more about our programs and facilities, visit us online at www.YonkersNY.gov/Parks. If you ever have a question or concern, please don't hesitate to call my 24-hour helpline at 914-377-HELP (4357) or email our Parks Department directly at Parks@YonkersNY.gov.

For the latest news and updates, be sure to follow us on Twitter or Facebook at @CityofYonkers and @MayorMikeSpano.

Have a great spring and summer,

MIKE SPANO
Mayor



cityofyonkers
mayormikespano



mayormikespano



cityofyonkers

message from **MAYOR MIKE SPANO**



HAVE A BALL

Kick and shoot around with friends at Yonkers' newest soccer mini pitch at Pelton Park.



STOP AND SMELL THE ROSES

Heighten your senses with the touch, feel, smell and sounds of Yonkers' first-ever sensory garden.



LACE UP

In its 96th year, the Yonkers Marathon travels through the scenic hills of Yonkers and along the majestic Hudson. Registration has begun at YonkersNY.gov.



CITY COUNCIL

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 Corazon Pineda-Isaac, 2nd District
 Tasha Diaz, 3rd District
 John Rubbo, 4th District
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Kyla Parker	Andrea Velazquez

YONKERS YOUTH BUREAU

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E.J. MURRAY MEMORIAL SKATING CENTER

Eileen Sullivan - Rink Manager
 Norbert Chrostowski - Asst. Rink Manager

YONKERS ANIMAL SHELTER

Almira Simpson
 Animal Control Officer
 Lauren Talia
 Deputy Animal Control Officer

COYNE PARK RIFLE RANGE

Christopher Rotolo
 Range Officer

General Information

City of Yonkers Department of Parks, Recreation and Conservation
285 Nepperhan Avenue, Yonkers NY 10701

Monday - Friday 8:30 AM to 4:30 PM, 914-377-6450

REGISTRATION: Registration is on a first-come, first-served basis until programs are full. **MAIL-IN REGISTRATION IS NOT ACCEPTED.**

PAYMENT OPTIONS: We only accept a Cashier's Check, Money Order, Visa, MasterCard, and Discover Card. No cash is accepted.

ONLINE REGISTRATION: The best way to maximize your chance of securing a spot in any program is to register online as soon as registration begins. You can make a online payments using Visa, MasterCard or Discover Card.

COVID 19 RESTRICTIONS: All current CDC guidelines must be followed. Masks/face coverings are recommended indoors for all programs until further notice.

AGE REQUIREMENTS: Age is determined as of the date of the first class unless otherwise specified. An adult class is for ages 18 years and older.

ABSENCES: Classes are not made up due to a participant's personal absence. Classes canceled due to inclement weather will be rescheduled. We reserve the right to reschedule classes on an as-needed basis.

REFUND POLICY: Full refunds will be issued for any program canceled by the Department of Parks, Recreation and Conservation (Parks Department). Full refunds will be issued for a medical reason before a program begins when accompanied by a doctor's note. After a program begins, a pro-rated refund will be issued based on the number of sessions attended, when accompanied by a doctor's note. The Parks Department will grant a refund request if received at least ten (10) business days before the program's first session. Ten dollars (\$10) or ten percent (10%) of the fee, whichever is higher, will be charged for processing refunds that are approved. Please allow several weeks for processing refunds. Bounced checks and credit card charge cancellations will carry a \$35 processing fee.

INCLEMENT WEATHER: The best way to receive quick and accurate information about program cancellations is to call the Parks Department Hotline at 377-6454 or listen to WFAS. Please make sure we have your most updated email address in your Community Pass registration account to receive programming updates and cancellation notices.

SINCERE APPRECIATION: We would like to thank the Yonkers Public Schools for the use of their facilities and appreciate the efforts of their staff.

SPECIALISTS NEEDED: If you have a special skill and would like to teach a class for the Parks Department, please call 377-6436.

PROGRAM BEHAVIOR: Participants are expected to exhibit appropriate behavior at all times. The following rules make programs safe and enjoyable for everyone. Participants shall show respect to all participants and staff. Refrain from using foul language. Refrain from causing bodily harm to other participants and staff. Show respect for equipment, supplies and facilities. The City of Yonkers reserves the right to remove anyone from our programs.



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Permit Division

The Permit Division is responsible for issuing permits for a wide variety of recreational activities. All permits can be obtained by visiting www.yonkersny.gov/parks. Click on "Forms & Permits" on the left hand side of the screen.

INDOOR PERMITS are required for all Board of Education Facilities and our Community Centers. Board of Education and Indoor Permit applications are available August 1 and due September 30.

For additional information please call 377-6440.

OUTDOOR PERMITS are required for activities or events held at all parks facilities. Permits are required for all tournaments, the turf fields at Fleming and Pelton Fields and the picnic facilities at Redmond Park and the JFK Marina. **NOTE:** The Redmond Pavillion will be unavailable for the beginning of the 2023 picnic season. Spring and Summer outdoor field applications are available on March 1. Spring permit applications are due April 1. Summer permit applications are due on June 1. Fall outdoor applications are available August 1 and due September 1. For additional information please call 377-6440.

MOBILE CONCESSIONS PERMITS are required and obtained through the Parks Department. For additional information on Mobile Concession Permits please call 377-6438.

LIBRARY SPECIAL EVENT APPLICATIONS are available year-round. For additional information please call 375-7947.

SPECIAL EVENTS PERMIT APPLICATIONS are required for events held within the City of Yonkers. This includes any event that will preempt normal use of city space by the general public. For additional information please call 377-6427.

WEDDING CEREMONY/PHOTOS A permit is required to take photographs and videos inside beautiful and historic Untermyer Park, located at 945 North Broadway (see photo, top right). Applications are available March to November. For additional information please call 377-6427.

COMMERCIAL VIDEO & PHOTO PERMITS are required for any filming in Yonkers. For additional information please call 377-6059.

JFK MARINA - ANNUAL AND DAILY PERMITS Daily and annual permits are available at the marina.

Season begins May 1, 2023 till October 1, 2023

The JFK Marina is located off Warburton Avenue on John F. Kennedy Memorial Drive. Boat launching is available by permit from dawn to dusk, seven days a week for an Annual Resident/Non-Resident Fee of \$50/\$100 for Canoe or Kayak, \$150/\$300 for Jet Ski, and \$200/\$400 for Motorized Boats and Watercrafts. Day passes are also available on location for Residents/Non-Residents as follow: \$10/\$20 for Canoe or Kayak, \$20/\$40 for Jet Ski, \$30/\$60 for Motorized Boat or Watercrafts. Parking Fees: Friday – Sunday and holidays. Resident: \$5, Non-Resident: \$25.

Please note that permits do not include parking fees.

For additional information call 377-6427.



Special Recreation Events

Spring Track Races

Boys & Girls, Ages 4-14

Races will take place at Roosevelt High School Track

Saturday, April 29th, 8:30 AM

Saturday, May 6th, 8:30 AM

Saturday, May 13th, 8:30 AM

Saturday, May 20th, 8:30 AM

For additional information call 377-6442.



Thursday & Friday Evenings

Kickoff Thursday, June 29th at 7 PM

July & August at a local park near you beginning June 29th

For additional information please call 377-6450.

Yonkers Idol Finale

Come support Yonkers youth at the grand finale of weeks of practice on Saturday, June 17th at Untermeyer Park and gardens, 945 North Broadway

Free Admission • Show starts at 6:30 PM

For additional information call 377-6444.

Yonkers Parks Day

Saturday, July 15 from 1:00 - 5:00 PM

Location TBD

Free Admission • Join us for a fun afternoon filled with family friendly activities, music, and more.



Residents: Wednesday, April 5 at 7:00 PM
Non-residents: Wednesday, April 12 at 7:00 PM

- Soccer Camp March 1
- Pre-K Sports March 1
- Adult Recreation..... March 15
- Pre-K Summer Camp April 5
- Youth Recreation March 15
- Little Learners Fall Pre-K July 19

Camp Pride & Project Friendship: Please call 377-6438 for additional information.

Registration for Senior Citizen Centers and Senior Specialist Classes is on-going and on a walk-in basis.

All Aquatics Activities take place at the Mark Twain Pool, 160 Woodlawn Avenue

SPRING Swim Program has started.

Please review online registration schedule for updates.

Swim Placement: March 15, 6:00 – 8:00 PM

Online Registration: March 16, 8:00 PM

Swim Placement Requirements: If your child has not participated in our program, you must bring them to Swim Placement for correct assessment for our swim classes, unless you know they are White/Red (Beginner) in Starfish Swim School, StarBabies, StarTot, and Swim School for Preschool, Teens and Adult swim classes. Please look at class description online for start date.

Register Online at

<https://register.communitypass.net/yonkers>

Community Pass Registration Service

Register yourself or your entire family for recreation programs around the clock.

Requirements

You must pay with a Visa, MasterCard or a Discover Card, and need a valid e-mail address.

Setting Up An Account

Go to <https://register.communitypass.net/yonkers>
Click on: "Create an Account" at the bottom. Complete the account forms. Make note of your User Name and Password.

To Add More Family Members

Click on "View Account" under useful links. Then click either "Add Child" or "Add Adult." After you have added your family members, click "Home" at top.

On Registration Day

- STEP 1.** Go to <https://register.communitypass.net/yonkers>. Log in with User Name and Password in the "Existing Users" section at right.
- STEP 2.** Click "Register Now". Select the "Season" of interest to you. Examples: "Community Recreation– Winter 2022"
- STEP 3.** Verify your family information.
- STEP 4.** Select the desired "Group" at left. Select the desired programs. Click "Add to Cart."
- STEP 5.** On the "Select Participants" page, click the box next to the people you are registering, then click "Continue."
- STEP 6.** When the "Shopping Cart" page is complete, click "Continue to Checkout."
- STEP 7.** Make payment with Visa, Mastercard, Discover Credit/Debit Card. CapturePoint/Community Pass will send you an e-mail receipt that will confirm your successful registration.

How to Avoid Cancellations

Please register in advance to avoid program cancellations. A certain number of participants is required in order for a program to move forward. Every effort will be made to avoid cancelling a program. However, if this does occur, an announcement will be made in advance of the first meeting date.



Spring & Summer Community Events

Memorial Day Parade & Ceremony

Ceremony: Monday, May 29 at 9:00 AM

War Memorial Monument on South Broadway, in front of City Hall

Parade: TBD

McLean Avenue, from Stillwell Park (opposite St. Barnabas School)
to the Charles N. Bajart Post, 840 McLean Avenue
with ceremony at the Bajart Post

Yonkers Paddling & Rowing presents RiverRiders

Wednesdays & Thursday, June through September 2023 at 4:00 - 7:00 PM (weather permitting)

Free community paddling along with some environmental education at JFK Marina and Park

for more info visit yprc.com

Untermeyer Performing Arts Council's WorldFest 2023

Saturdays starting at 6:30 PM June 10th through September 9th

at historic Untermeyer Park, 945 North Broadway

Visit www.untermeyer.com for a list of free music and dance events celebrating culture around the world.

For more information on any of the above events, please call 377-6450.





Locations

Robert C. Dodson School

105 Avondale Road
Maximum Enrollment: 140

Cross Hill Academy

160 Bolmer Avenue
Maximum Enrollment: 140

Montessori School 27

132 Valentine Lane
Maximum Enrollment: 100

Camp Information

Each camper will enjoy: Participation in softball, soccer, wiffleball, kickball, basketball, water activities, relay races and games, board games, arts and crafts, music and dance, special events, and weekly trips.

Age Requirements

For children ages 5-14. Campers must be 6 years of age by December 31, 2023, and entering the 1st grade in September. Campers may NOT be 15 years of age before August 11, 2023. Any campers over 15 years of age that are interested in being Counselors In Training (C.I.T.) please call 377-6444.

Camp Sessions & Trips

Week One: July 3 - July 7 (No Camp on July 4)

Trip: Sprain Ridge Pool, Yonkers, New York

Week Two: July 10 - July 14

Trip: The Castle Fun Center, Chester, New York

Week Three: July 17 - July 21

Trip: Dave & Busters, Pelham New York

Week Four: July 24 - July 28

Trip: Splashdown Beach Water Park. Fishkill, New York

Week Five: July 31 - August 4

Trip: Playland Park, Rye, New York

Week Six: August 7 - August 11

Trip: Life the Place to Be, Ardsley, New York and Roller-skating BBQ, EJ Murrays Skating Center, Yonkers, New York

Days & Times

Monday through Friday

8:00 AM – 5:00 PM

All campers must be picked up by 5:00 PM

A late fee of \$30 per 15 minutes will be charged for anyone picked up after 5:00 PM.

Registration Information

Limited space available on a first-come, first served basis. **On-line registration will begin on Wednesday, April 5 at 7:00 PM for Yonkers residents. Registration for Non-residents begins on Wednesday, April 12 at 7:00 PM.** Registration continues until each site fills. Mail-in registration is NOT accepted. See page 7 for complete registration information.

2023 Camp Rays Weekly Fees

Weekly fee includes weekly trip

Robert C. Dodson School and Cross Hill Academy

Yonkers Resident: \$205.00 – Non-Resident: \$230.00

Montessori School 27

Yonkers Resident: \$190.00 – Non-Resident: \$215.00

Make payments on-line with Visa, Mastercard, or Discover card. **If you register in-person, the only accepted forms of payment will be check, cashiers check or money order.**

All fees are due in full at time of registration.

REFUND POLICY

We will be using the standard Parks Department refund policy that appears on page 5 of this brochure.

For information regarding fees or other questions about Camp Rays please call 377-6444.



2023 CAMP PRIDE

A group-oriented recreation day camp for developmentally disabled children ages 5 to adult. This camp offers art, sports, tennis, swimming, and trips. Breakfast and lunches are included. **Exception:** Breakfast will not be served on the first day of camp. We do not offer a 1:1 staffing ratio. No admission or re-admission to this program is final until determined by the Parks Department.

DATES: **Session 1** - July 3 – July 21
Session 2 - July 24 – August 11

TIME: 9:00 AM – 3:00 PM: Monday through Friday

LOCATION: Kahlil Gibran School, 18 Rosedale Road

FEE: Yonkers Residents \$200 per 3 week session
Non-residents & Group Homes \$400 per 3 week session

NOTE: Transportation is available for residents only. Group homes are not eligible.

REQUIREMENTS: New applicants must be interviewed. Immunization records and an updated physical examination, Individual Evaluation Plan (IEP) and Individual Support Plan (ISP) are required. Campers must also be potty trained. If applicant is on the Medicaid Waiver, authorization and approval letter is required prior to registration. For more information or to schedule an interview please call 377-6438.



PRE-K SUMMER CAMP

Casimir Pulaski School

105 Kings Cross, Yonkers, NY 10583

Rosemarie Ann Siragusa School

60 Crescent Place, Yonkers, NY 10704

Paideia School 24

50 Colin Street, Yonkers, NY 10701

Your children will be introduced to a variety of indoor and outdoor recreation and educational learning experiences through activities such as arts and crafts, music, drawing, and story telling. Water play is optional. Special guests visit each session.

Session 1: July 3 - 21

Session 2: July 24 - August 11

Your child may attend Session 1, Session 2 or both (Attending both entitles you to a discount)

Days & Time: Monday - Friday 9:00 AM - 12:00 PM

Fees

Residents: \$290 for one session
\$530 for two sessions

Non-residents: \$320 for one session
\$590 for two sessions

No refunds given once the program begins.

Camp Requirements

Children must be 3-5 years of age by the camp start date and be toilet trained (no diapers or pull-ups). Parents should prepare youngsters by emphasizing that this camp will be a fun experience, with various indoor and outdoor activities, and the opportunity to make new friends. Parents must be prepared to provide a copy of child's birth certificate if requested to do so.

Registration Information

Registration is on a first-come, first-served basis. You can register for this popular camp on-line or in person at the Parks Department. Mail-in registration is NOT accepted. For additional information please call 377-6435.



See registration details on page 7



PRE-K RECREATION

Little Learners Morning Pre-K 2023-2024

Youngsters 3 and 4 years of age are introduced to a variety of recreational and educational learning experiences through activities such as arts and crafts, music, drawing, and story-telling. Activities are designed to develop and enhance the basic principles of sharing, communication, social interaction, and cooperation with peers and adult staff. Children learn about shapes, colors, numbers, letters, good manners, days of the week, seasons of the year, our weather, etc.

Requirements: Children must be toilet trained (no diapers or pull-ups) and be three years old by December 31. Parents are required to present a birth certificate and an immunization record on their child's first day.

MORNING PROGRAMS

Ages: 3 - 4 years

Dates: Week of September 26 through mid June

Time: 9:00 - 11:30 AM

Fee: 5 MORNINGS: \$1950, Non-residents \$2210 - Annual Fee

3 MORNINGS: \$1175, Non-residents \$1335 - Annual Fee

4 CONVENIENT SITES

Bronx River Road Community Center

680 Bronx River Road | **Teacher: Sheila Bannon**

Monday – Friday - starting September 26

Charles A. Cola Community Center

945 North Broadway | **Teacher: Annmarie Cremin**

Monday, Tuesday, Wednesday - starting September 26

Bernice Spreckman Community Center

777 McLean Avenue | **Teacher: Denise Gulli**

Monday – Friday - starting September 26

Will Library

1500 Central Park Avenue | **Teacher: Sandy Rock**

Monday – Friday - starting September 26

REGISTRATION BEGINS JULY 20

Registration

Registration for this popular program begins Wednesday, July 19 at 8:00 PM.

Create a family account and register 24 hours a day at register.communitypass.net/yonkers.

You can also register in person at the Parks Department Building located at 285 Nepperhan Avenue.

For more information, please call 377-6438. See registration details on page 7.



YONKERS

SPRING & SUMMER USSI SPORTS PROGRAMS



In association with the
Yonkers Department of Parks & Recreation



SPRING WEEKLY CLASSES

Sport	Age	Day	StartTime	EndTime	StartDate	EndDate	Price
Squirts Multi Sports	3 to 4	Wed	2:00 PM	2:45 PM	4/19/2023	6/7/2023	\$140
Squirts Soccer	3 to 4	Wed	3:00 PM	3:45 PM	4/19/2023	6/7/2023	\$140
Parent & Me Soccer Squirts	2 to 3	Wed	4:00 PM	4:45 PM	4/19/2023	6/7/2023	\$140
Squirts Multi Sports	3 to 4	Sat	2:00 PM	2:45 PM	4/22/2023	6/17/2023	\$140
Parent & Me Soccer Squirts	2 to 3	Sat	3:00 PM	3:45 PM	4/22/2023	6/17/2023	\$140
Squirts Soccer	3 to 4	Sat	4:00 PM	4:45 PM	4/22/2023	6/17/2023	\$140
Senior Squirts Soccer	5 to 6	Sat	5:00 PM	5:45 PM	4/22/2023	6/17/2023	\$140
Senior Squirts Multi Sports	3 to 4	Sun	2:00 PM	2:45 PM	4/23/2023	6/18/2023	\$140
Squirts T-Ball	2 to 3	Sun	3:00 PM	3:45 PM	4/23/2023	6/18/2023	\$140
Parent & Me Multi Sports Squirts	3 to 4	Sun	4:00 PM	4:45 PM	4/23/2023	6/18/2023	\$140
Senior Squirts Soccer	5 to 6	Sun	5:00 PM	5:45 PM	4/23/2023	6/18/2023	\$140

SUMMER WEEKLY CLASSES

Sport	Age	Day	StartTime	EndTime	StartDate	EndDate	Price
Parent & Me Soccer Squirts	2 to 3	Sat	9:00 AM	9:45 AM	7/8/2023	8/12/2023	\$105
Squirts Multi Sports	3 to 4	Sat	10:00 AM	10:45 AM	7/8/2023	8/12/2023	\$105
Squirts Soccer	3 to 4	Sat	11:00 AM	11:45 AM	7/8/2023	8/12/2023	\$105
Senior Squirts Soccer	5 to 6	Sat	12:00 PM	12:45 PM	7/8/2023	8/12/2023	\$105
Parent & Me Soccer Squirts	2 to 3	Sun	9:00 AM	9:45 AM	7/9/2023	8/13/2023	\$105
Squirts Soccer	3 to 4	Sun	10:00 AM	10:45 AM	7/9/2023	8/13/2023	\$105
Squirts Multi Sports	3 to 4	Sun	11:00 AM	11:45 AM	7/9/2023	8/13/2023	\$105
Senior Squirts Multi Sports	5 to 6	Sun	12:00 PM	12:45 PM	7/9/2023	8/13/2023	\$105

Classes take place at Scotti Park.

Sport	Age	Day	StartTime	EndTime	StartDate	EndDate	Price
Squirts Multi Sports	3 to 4	Wed	2:00 PM	2:45 PM	7/5/2023	8/9/2023	\$105
Squirts Soccer	3 to 4	Wed	3:00 PM	3:45 PM	7/5/2023	8/9/2023	\$105
Parent & Me Soccer Squirts	2 to 3	Wed	4:00 PM	4:45 PM	7/5/2023	8/9/2023	\$105

Classes held at Kardash Park.

SUMMER SPORTS CAMPS

Sport	Age	Day	StartTime	EndTime	StartDate	EndDate	Price
Flag Football Camps	5 to 11	Mon	9:00 AM	12:00 PM	6/26/2023	6/29/2023	\$180
Multi Sports Camps	5 to 11	Mon	9:00 AM	12:00 PM	8/7/2023	8/10/2023	\$180
Flag Football Camps	5 to 11	Mon	9:00 AM	12:00 PM	8/14/2023	8/17/2023	\$180
Multi Sports Camps	5 to 11	Mon	9:00 AM	12:00 PM	8/21/2023	8/24/2023	\$180

Camps held at Welty Park.

The Nation's
#1 Name for Sports
Camps & Classes

**REGISTER
TODAY**



Ages 2 -11 | All Abilities | Boys & Girls

SOCCER | T-BALL | and many more!

SAVE ON SPORTS PROGRAMS!

Save \$10 per program, per child, when you
register online. Starting Jan 31st to Feb 22nd.
Use code: SS23SALE

CONTACT USSI

Online: USsportsInstitute.com
Phone: (866) 345-BALL
Email: Info@USsportsInstitute.com

PRE-K RECREATION



Pre-Ballet for Pre-K with Elisa

Instructor: Elisa Bonneau

An introduction to basic ballet technique while enjoying dance exercises in a cheerful atmosphere. Children learn to move across the floor, line up, share, take turns, and express themselves through movement games. Maximum 10 students per class.

Requirements: Footwear: Ballet shoes with either leather soles or soles with a leather strip/patch. Attire: Dancewear/form-fitting clothes. Wear leotards and tights only.

No ballet skirts or costumes. Children should not wear rings, bracelets or necklaces.

Dates: Wednesdays, starting May 3
Fridays, starting May 5
Saturdays, starting May 6

Fee: \$55 for 6 classes, Non-residents \$80

WEDNESDAYS

Yonkers Montessori Academy

160 Woodlawn Avenue

Ages 3 – 4.5 years | 4:00 - 4:45 PM

Ages 4.5 – 5 years | 4:50 - 5:35pm

FRIDAYS

Yonkers Montessori Academy

160 Woodlawn Avenue

Ages 3 – 4.5 years | 4:00 - 4:45 PM

Ages 4.5 – 5 years | 4:50 - 5:35 PM

SATURDAYS

Roosevelt High School

631 Tuckahoe Road

Ages 3 – 4.5 years | 10:00 - 10:45 AM



YOUTH/TEEN RECREATION

Kids Sketch and Paint FUN-damentals 101

Instructor: Diana Capasso

This class offers broad based beginner techniques where Children learn the FUN-damentals of how to create their own unique works of art by using multiple sketch techniques along with watercolor wax transfer and acrylic painting methods. Supply fee: \$20 cash fee due to instructor at first class

Ages: 7-14 years

Dates: Thursdays, starting May 3

Time: 5:00 – 5:50 PM

Location: Cola Community Center
945 North Broadway

Fee: \$55 for 6 classes, Non-residents: \$80

Crafty Kids

Instructor: Diana Capasso

Boys and girls create fun crafts by exploring a variety of art styles from Picasso masks and American Indian dream catchers and rain sticks to working with Mother Nature's stone, sand, feathers, shells and wooden beads. Kids will be wowed with recyclables and what they can become. Also create and customize denim patches, jewelry crafts for those who like to wear their art, seasonal themed projects, and the big favorite: SLIME.

Age/Time: 5 - 11 years 4:00 - 4:50 PM

Dates: Thursdays, starting January 12

Location: Cola Community Center
945 North Broadway

Fee: \$55 for 6 classes, Non-residents: \$80

Chess

Instructor: Victor Mairena

Students become familiar with the board, pieces, notation, how the pieces move, opening & defense at all levels. Chess teaches children strategies and how to live by them.

Ages: 5 -12 years

Dates: Saturdays, starting May 6

Time: Beginner..... 9:00 - 10:00 AM

Intermediate ... 10:00 - 11:00 AM

Advanced..... 11:00 AM -12:00 PM

Location: Roosevelt H.S. • 631 Tuckahoe Road

Fee: \$55 for 6 classes, Non-residents: \$80



YOUTH / TEEN RECREATION

Teen Stars on the Rise (Theatre)

Instructor: Mary Ann Penzero

Participants will engage in Theatre games, improvisation, and scene work from stage and screen. Our performers will develop monologues and scenes based on their own experiences. Stage craft elements including the use of props, costumes, lighting and directing will be introduced. Participants will learn self-expression and performing in a structured environment.

Dates: Saturdays, starting May 6

Ages: 12-17

Time: 10:00 – 11:00 AM

Fee: \$55 for 6 classes, Non-Residents: \$80

Location: Roosevelt High School
631 Tuckahoe Road

Theatre for Kids (Acting)

Instructor: Mary Ann Penzero

Instruction will include Theatre games and improvisation based on themes from stage and screen. Participants will enhance their experience by learning elements of stage craft including simple lighting, props, and costumes. Participants will enjoy performing in a structured environment.

Dates: Saturdays, starting May 6

Ages: 8 -11

Time: 9:00 – 10:00 AM

Fee: \$55 for 6 classes, Non-Residents: \$80

Location: Roosevelt High School
631 Tuckahoe Road



YOUTH/TEEN RECREATION

Karate

Instructor: Trent Perri

Learn self-defense movements for mental, physical, and emotional control of the body and mind. Students should wear comfortable clothes and must wear sneakers. New students completing this course will be awarded the rank of Orange Belt. Returning students who complete this course will be awarded the higher Yellow Belt rank. **Supply fee:** \$12 cash due at the first class is required of all students for belt and certificate.

Age/Time: Beginners, 8 - 12 yrs ... 9:00 - 10:00 AM
Beginners, 5 - 7 yrs 10:00 - 11:00 AM
Returning, 5-12 yrs 11:00 - 12:00 PM

Dates: Saturdays, starting May 6

Location: Roosevelt High School
631 Tuckahoe Road

Fee: \$55 for 6 classes, Non-residents: \$80



Tennis for Kids & Teens

Instructors: Jon Lee & Max Sanchez

Join our two tennis "Pros" for beginner classes in a comfortable, socially-friendly environment. Basic instruction in proper grip, forehand, backhand, serving, volleying, scoring, rules, and tennis etiquette. Teen class is for teens with or without experience.

Requirements: wear sneakers and bring your tennis racquet

Days/Ages/

Times: Mondays, ages 5 -7, 3:30 PM
Mondays, ages 8 -10, 4:30 PM
Wed., Advanced, ages 8 - 16, 3:30 PM
Wed., beginners, ages 11 – 16, 4:30 PM

Dates: Mondays, starting May 1,
(No Class Memorial Day)
Wednesdays, Starting May 3

Location: Kinsley Park
Park Avenue at Morsemere Avenue

Fee: \$55 for six classes, non-resident: \$80

Ballet & Tap

Instructor: Elisa Bonneau

Vaganova (Russian) technique. Classes teach basic ballet technique, music appreciation, and vocabulary while building self-esteem. Time is spent equally dancing ballet and tap. For students with or without experience. **Attire:** Ballet shoes (Girls – pink, Boys – black) with either leather soles or soles with a leather strip/patch. Everyone needs tap shoes. Girls wear any color long or short-sleeve leotard, pink footed tights. No ballet skirts. Boys wear white T-shirt, boy's black tights. Children should **NOT** wear rings, bracelets or necklaces.

Ages: 5-7 years

Dates: Saturdays, starting May 6

Time: 9:00 - 9:45 AM

Location: Roosevelt High School
631 Tuckahoe Road

Fee: \$55 for 6 classes, Non-residents \$80



YOUTH/TEEN RECREATION

Ballet, Level 1

Instructor: Elisa Bonneau

Vaganova (Russian) technique. Classes teach basic ballet technique, music appreciation and vocabulary while building self-esteem. For students with or without experience. **Attire:** Ballet shoes with either leather soles or soles with a leather strip/patch. Girls wear black long or short-sleeve leotard, pink footed tights. No ballet skirts, costumes or jewelry. Hair must be tied or pinned back. Children should **NOT** wear rings, bracelets or necklaces.

Ages: 6-9 years

Dates: Fridays, starting on May 5

Time: 5:45 - 6:45 PM

Location: Yonkers Montessori Academy
160 Woodlawn Avenue

Fee: \$55 for 6 classes, Non-residents \$80

NEW

Ballet & Tap Dance

Instructor: Elisa Bonneau

Beginners learn the fundamentals of both types of dance merged into one and learn to express themselves through dance. **ATTIRE:** Ballet shoes with either leather soles or soles with a leather strip/patch also tap shoes. Girls wear black long or short-sleeve leotard, pink footed tights. No ballet skirts, costumes or jewelry. Hair must be tied or pinned back. Children should **NOT** wear rings, bracelets or necklaces.

Ages: 8-12 years

Dates: Saturdays, starting May 6

Time: 11:00 – 12:00 PM

Location: Roosevelt High School
631 Tuckahoe Road

Fee: \$55 for 6 classes, Non-residents \$80

NEW

Youth Salsa

Instructor: Elisha Ivory

This beginner friendly class includes fitness and coordination. Learning how to connect our steps to the rhythm and developing fun choreography! Sneakers or jazz shoes preferred.

Ages: 5-9 years

Dates: Thursdays, starting May 4

Time: 6:15 - 7:00 PM

Location: Lincoln High School, Room 261
375 Kneeland Avenue, main entrance

Fee: \$55 for 6 classes, Non-residents \$80

NEW

Street Jazz/Hip-Hop

Instructor: Donna Moynihan

Street Jazz is a mixture of modern hip-hop styles and traditional dance moves. This class works on the dancer's creativity and is often improvisational and social in nature; street jazz dance encourages interaction and contact with other dancers. These styles include breakdancing, popping and locking, and krumping. **Attire: Children should NOT wear rings, bracelets or necklaces and dress comfortable, no jeans.**

Ages: 5-8 years

Dates: Tuesdays, starting May 2

Time: 5:00 - 6:00 PM

Location: Lincoln High School
375 Kneeland Avenue

Fee: \$55 for 6 classes; nonresidents \$80



YOUTH / TEEN RECREATION

NEW

Street Jazz/Hip-Hop

Instructor: Donna Moynihan

Street Jazz is a mixture of modern hip-hop styles and traditional dance moves. This class works on the dancer's creativity and is often improvisational and social in nature; street jazz dance encourages interaction and contact with other dancers. These styles include breakdancing, popping and locking, and krumping. **Attire: Children should NOT wear rings, bracelets or necklaces and dress comfortable, no jeans.**

Ages: 8-12 years

Dates: Thursdays, starting May 4

Time: 5:00 - 6:00 PM

Location: Lincoln High School
375 Kneeland Avenue

Fee: \$55 for 6 classes; nonresidents \$80

Hip-Hop I for Beginners

Instructor: Elisha Ivory

Learn the latest moves in an energetic, upbeat, but disciplined environment! No experience welcome! Loose clothing and sneakers are required.

Ages: 5-9 years

Dates: Wednesdays, starting May 3

Time: 5:00 - 6:00 PM

Location: Lincoln High School, Room 261
375 Kneeland Avenue, main entrance

Fee: \$55 for 6 classes; nonresidents \$80

Hip-Hop II for Intermediate/Advanced Dancers

Instructor: Elisha Ivory

Learn the latest moves in an energetic, upbeat, but disciplined environment! Some experience welcome, but not necessary! Loose clothing and sneakers are required.

Ages: 10-14 years

Dates: Wednesdays, starting May 3

Time: 4:00 - 5:00 PM

Location: Lincoln High School, Room 261
375 Kneeland Avenue, main entrance

Fee: \$55 for 6 classes; nonresidents \$80

Acoustic Guitar

Instructor: Rob Hall

Beginners Learn the basics from chords and simple strumming to melodies and reading music. Maximum 10 students. Extra cash fee at second class for instruction book. Beginners Plus is for students who have taken this class or have other experience and have begun to learn how to read music notes.

Requirements: Bring your own guitar.

Dates: Saturdays, starting on May 13

Ages/Times: 9-13 years Beginners, 9:00 - 10:00 AM
10-16 years Beg Plus 10:00 - 11:00 AM

Fee: \$55 for 6 classes; nonresidents \$80

Location: Roosevelt High School
631 Tuckahoe Road

See registration details on page 7



YOUTH/TEEN RECREATION

Intermediate/Advanced Youth & Teen Guitar

Instructor: Rob Hall

Expand your skills in chords, rhythms, melodies and reading for use in diverse playing styles. Advanced class is for students with more experience and the ability to read music notes. Maximum 10 students.

Requirements: Bring your own guitar. Extra cash fee at second class for new students to purchase instruction book.

Ages: Both classes 12-17 years

Times: Intermediate, 11:15 AM - 12:15 PM
Advanced, 12:15 - 1:15 PM

Dates: Saturdays, starting May 6

Fee: \$55 for 6 classes, Non-residents: \$80

Location: Roosevelt High School
631 Tuckahoe Road

Little Cooks

Instructor: Brenda J. Freeman

These future chefs will enjoy hands-on food preparation while learning how to read and understand recipes. After school snacks such as English muffin pizza, tuna pinwheel bites, a vegetable fried rice dish, and more will give children an understanding of healthy and fun foods. Chefs ages 10 - 12 will also focus on reading measurements and weights, exploring the effect of different cooking temperatures on foods, and expanding their culinary vocabulary. Maximum 10 students in each class. **Supply fee:** \$20 cash is due at the first class. **Requirements:** Bring an apron, smock or over-sized T-shirt to protect clothing. Hair must be tied or pinned back.

Please call 377-6436 after registering to make us aware of any food allergies your child has. This is a 90 minute class.

Ages: 7-9 years

Dates: Wednesdays, starting on February 1

Time: 4:30 - 6:00 PM

Location: School 16, 759 North Broadway

Fee: \$75 for 6 classes, Non-residents: \$100

Basketball Skills and Drills

Coach Stephvon "Boo" Patnelli

Youngsters will go through various fun basketball drills that improve their skills on the court.

All experience levels welcome. Please dress comfortably!

Ages: 8-15 years

Dates: Tuesdays starting May 2 or
Thursdays starting May 4

Time: 5:00 PM

Location: Museum School 25 Gymnasium
579 Warburton Avenue

Fee: \$85 for 10 classes, Non-residents \$110



YOUTH/TEEN RECREATION



CREATIVE WRITING

Instructor: Monette Hamilton

The Let's Write Out Loud Program is a creative writing program designed to provide students opportunities to discover different styles of poetry; become proficient at identifying figurative language; identify the power of words through verbal influences; create and share their own work. This program has a focus on Common Core Standards for English and Language Arts. This program offers: writing and reading exercises, discovery or lyrical structure, discovery of unfamiliar words and crucial thinking activities.

Overall, participants will examine poetic structures and styles, build vocabulary, and strengthen writing skills. Maximum of 15 students per class. **Supply Fee:** \$50 cash per student due at the first class.

Dates: Saturdays starting May 6

Fee: \$90 for 6 classes, Non-residents: \$115

Ages: 8-14, 9:00 AM, 11:00 AM
15-17, 11:00 AM – 1:00 PM

Location: Roosevelt High School
631 Tuckahoe Road

ROBOTICS

Instructor: Terrance Hamilton

Participants will get hands-on experience using the python programming language to code up solutions to robotics challenges. They will write robotics code to drive via radio control and program the micro-robots to move autonomously and via a joystick style controller, which they will also program. The course will close with a team robotics competition and awards ceremony. Available computing resources at the site (15 Seats) limit space. *All students must bring a laptop to participate in the class.*

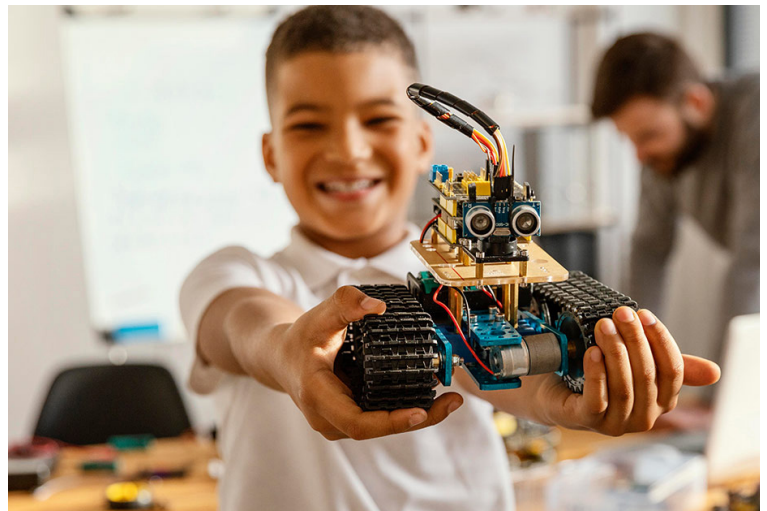
This Class is for Beginners, Advanced, & Intermediate Learners - Students must be able to read and use a standard computer keyboard, mouse and google chrome browser. Students must have access to a valid google email account to use required software. Maximum of 15 students per class. (Please note these are two-hour classes.)

Dates: Saturdays starting May 6

Fee: \$110 for 6 classes, Non-residents: \$135

Ages: 14-17, 9:00 AM – 11:00 AM
9-14, 11:00 AM – 1:00 PM

Location: Roosevelt High School
631 Tuckahoe Road



YOUTH/TEEN RECREATION

Dance Camp!

Marquee Mix-Up: Movie Magic Edition

Instructor: Silvan Larkin

Cue the paparazzi and get ready to shine like a star in Marquee Mix-Up: MovieMagic! Dancers will explore the magic of our fave movie musicals: The Greatest Showman, Newsies, Grease, Mary Poppins, and Charlie and the Chocolate Factory, while learning musical theater, jazz, and hip-hop! Your dancing movie stars will create their own sets and props to prepare for their big premiere where they will walk the red carpet and showcase a fabulous performance from each of these movie musicals! Dancers will also shine on the big screen when they star in their very own mini-movie featuring their magical dance moves!

Ages: 6-10 years old, Boys and Girls

Dates: Session 1 July 31- August 4
Session 2 August 7- 11

Times: 9:00 AM - 12:00 PM

Fee: One session \$200 - Non Resident \$225
Two sessions \$370 – Non Resident \$420

Location: Nodine Hill Community Center
140 Fillmore Street



American Safety & Health Institute Certified Baby-Sitting Training (One Day Course)

Instructor: Tabitha Alston

We recognize the importance of being trained to supervise children. Skills such as handling emergencies, giving basic first aid, and caring for children will be discussed. A "Course Certification Card" is issued to those who pass the course. All students receive a Baby-Sitter's Handbook. A light snack is permitted. **Requirements:** Students must be 11-15 years of age at time of registration and **MUST pre-register** for this course according to the schedule below. Each student must bring a baby doll. **PARENTS:** Please arrive at 8:45 AM so the class can start on time.

Ages: 11 - 15 years

Dates: April 1, May 6 or June 3

Time: 9:00 AM - 1:30 PM

Location: Nodine Hill Community Center
140 Fillmore Street

Inside Fleming Field parking lot

Fee: \$47 for everyone

Supply Fee: \$15 for supplies noted above
(cash only, to instructor at class)



See registration details on page 7

YOUTH/TEEN RECREATION

Future Stars Basketball Camp

Instructor: George Burton

Campers will learn and develop the fundamental skills of offensive and defensive play. Proper methods will be stressed and combined to improve their overall game.

Requirements: Sneakers and shorts. Bring a water bottle and a light snack.

Ages: 8 -15 years

Dates: Monday - Friday
Session I - June 26 - July 7
Session II - July 10 - 21
Session III - July 31 - Aug. 11

Time: 9:00 AM to 12:00 PM

Fee: Any 1 Session \$200; Non-residents: \$225
Any 2 Sessions \$370; Non-residents: \$420
All 3 Sessions \$520; Non-residents: \$595

Location: Richter Field
Nepperhan Avenue & Reade Street



Tennis Camp

Instructors: Jon Lee & Max Sanchez

Join our two Tennis "Pros" in a socially-friendly camp environment on newly-resurfaced courts. Youngsters will develop fundamental skills through instruction and competition in both singles and doubles play. We've added ages 14 -16!

Requirements: Tennis racquet and sneakers, also please bring your own drinking water and a light snack.

Ages: 6 - 16 years

Dates: Monday - Friday

Time: 9:00 AM to 12:00 PM
Session I June 26 – July 7
Session II July 10 – 21
Session III July 24 – Aug 4

Fee: Any 1 Session \$200; Non-residents: \$225
Any 2 Sessions \$370; Non-residents: \$420
All 3 Sessions \$520; Non-residents: \$595

Location: Kinsley Park
Park Avenue at Morsemere Avenue



See registration details on page 7



YOUTH/TEEN RECREATION



Red Bulls YOUTH PROGRAMS

Register now for 2023 Red Bulls Soccer Camps

Learn and master skills in a fun environment designed to keep players invested in their own development long after camp ends.

On-line Registration for Spring and Summer begins January 2023.

ALL CAMPERS RECEIVE

- Adidas soccer ball
- Red Bulls T-Shirt
- Certificate of Achievement signed by the Red Bulls team
- Complimentary ticket to a Red Bulls game at Red Bull Arena

Visit www.newyorkredbulls.com/youth/city-yonkers to learn more and register.

For additional information call 888-370-7287 or e-mail: training@newyorkredbulls.com.

Ages/Times 4-5 (9:00AM – 10:30AM) (Mini Kick)
6-14 (9:00AM – 12:00pm) (Half Day)
7-14 (9:00AM – 3:00pm) (Full Day)

SPRING BREAK CAMP

One Week: April 3rd – 7th (Regional Development School)

SUMMER CAMP

Week #1: June 26th – 30th (5 Day Camp)

Week #2: July 5th – 7th (3 Day Camp)

Week #3: July 10th – 14th (5 Day Camp)

Week #4: July 17th – 21st (5 Day Camp)

Week #5: July 24th – 28th (5 Day Camp)

Week #6: August 28th – September 1st (5 Day Camp)

Location: Fleming Field soccer complex
Fillmore Street, off Prescott Street



ADULT RECREATION



Everyone's talking about Pickleball! Pickleball is becoming one of the fastest growing sports in the United States and if you like ping-pong, you will enjoy it. While it might also be similar to tennis, there are a few key differences. In Pickleball, the serve is underhanded and you do not have to run as much as you do while playing tennis. The best thing about Pickleball, you don't have to be super athletic to give it a try and anyone can play. So come out to one of our courts and see what it's all about.

Conor Park – McLean Avenue & Central Park Avenue

Kinsley Park – Park Avenue & Chase Avenue

Schultze Park – St. Eleanora's Lane

Look for more Pickleball locations to come soon!



ADULT RECREATION

NEW **SHiNE** DANCE FITNESS™

SHiNE DANCE FITNESS™

Instructor: Denise Velazquez

SHiNE DANCE FITNESS™ is a fun, upbeat workout - the perfect balance of cardio, toning & strength in every class! Every SHiNE routine is designed to get students "out of their head" and into their bodies with original choreography rooted in traditional jazz, ballet & hip-hop. Perfect for beginners and seasoned dancers alike, SHiNE is for everybody and everybody! Please wear comfortable clothes, supportive shoes, bring water & a smile! Mat optional. See you on the dance floor!"

Dates: Tuesdays or Thursdays, starting April 11

Time: 6:30 - 7:30 PM

Location: Yonkers Montessori Academy
Auditorium
160 Woodlawn Avenue

Fee: \$95 for 10 classes, Non-residents \$125



Acoustic Guitar

Instructor: Rob Hall

An introduction to Acoustic Guitar for absolute beginners (no experience) and for players with limited experience. Learn to read and play basic notation, melodies, rhythm, and chords. Students must provide their own acoustic guitars. Maximum 10 students. Extra cash fee due at second class for instruction book.

Dates: Mondays, starting on April 10

Time: 6:00 - 7:00 PM

Location: Bronx River Road Community Center
680 Bronx River Road

Fee: \$95 for 10 classes, Non-residents: \$125

NEW

Vinyasa Yoga Flow Open Level

Instructor: TBA

An open level, meditative Vinyasa class to mindfully welcome the weekend. This class is designed to foster and honor the intrinsic intersection of the mind, body, and spirit. We will move! We will also aim to feel our bodies in space and find stillness. All are welcome!

Dates: Saturdays, starting April 10

Time: 8:00-9:00 AM

Location: Untermeyer Gardens
945 North Broadway

Fee: \$95 for 10 classes, Non-residents
\$125

See registration details on page 7

ADULT RECREATION

SlimFit with a touch of Zumba®

Instructor: Lydia Otero

Get Slim, Get Fit with a touch of Zumba, warm up only, and strength training exercises for every part of your body with squats, lunges, crunches, curls, etc. We tone by using Resistance Tubing (provided in class) & Weights (bring your own 2-5 lbs. and a mat or towel). A touch of first time. Come join and get SlimFit

Dates: 10 Mondays, starting April 10

Time: 7:00 - 8:00 PM

Location: Charles A. Cola Community Center
945 North Broadway

Fee: \$95 for 10 classes. Non-residents:
\$125

Dance Exercise with a touch of Zumba® Fitness

Instructor: Diane Capurso

This is dance fitness with lots of fun. Some light kick boxing, line dancing, and weights will be used. Also infused into this cardio dance combo is the Latin/ International rhythms and dance steps of Zumba.

Requirements: Bring a light volleyball size ball, mat or towel, and 1-5 lb weights.

Dates: 6 Fridays, starting April 14

Time: 9:30 - 10:30 AM

Location: Cola Center at Untermyer Park
945 North Broadway

Fee: \$57 for 6 classes, Non-residents \$87

Tennis

Instructor: Max Sanchez & Jon Lee

Beginners will learn forehand and backhand, strokes, serving, volleying, rules, and tennis etiquette. Intermediates learn court strategies and ground strokes. **Requirements:** Wear sneakers and bring a tennis racquet.

Dates: Mondays or Wednesdays,
starting on April 12

Level/Time: Beginner – 6:00 - 7:30 PM

Intermediate – 6:00 - 7:30 PM

Location: Kinsley Park

Park Avenue & Chase Avenue

Fee: \$95 for 10 classes, Non-residents \$125



See registration details on page 7



AQUATICS SPRING SESSION

All aquatics activities take place at The Mark Twain Pool, this is an approved Training Center for Starfish Aquatics™ Institute and an authorized provider for Starguard™ & Starfish Swimming™

SWIM PLACEMENT REQUIREMENTS: If your child has not participated in our program, you must bring them to Swim Placement for correct assessment for our swim classes, unless you know they are White/Red (Beginner) in Starfish Swim School, StarBabies, StarTot, and Swim School for Preschool, Teens and Adult swim classes. Please look at class description online for start date.

SWIM PLACEMENT: Tues., March 16, 6:00 - 8:00 PM, Mark Twain Pool, 160 Woodlawn Avenue.

ONLINE REGISTRATION: Wed., March 16, 8:00 pm register.communitypass.net/yonkers. Starfish Swim School® for Youth (Ages 5 – 12) Students work toward development of the five core swimming competencies using age-appropriate learning activities. Learning is selfpaced but challenging. Stages are as follows: White, Red, Yellow, Blue, Green.

Fee: \$120. Non-residents \$150.

All participants MUST PASS EACH COLOR LEVEL before moving on to next level.

CORE SKILL ACHIEVEMENT STAGES					SPECIALTY COURSES	
White	Red	Yellow	Blue	Green	Stroke School	Starfish Swim Clinic
If the student is afraid of water, can't swim at all and will not get face wet... SIGN UP FOR WHITE GROUP	If the student can't swim without support but loves the water, will get face wet and will jump in SIGN UP FOR RED GROUP	If the student is not afraid, can float on front and back and can jump in and return to surface SIGN UP FOR YELLOW GROUP	If the student can swim under-water or on the surface, and can get an occasional breath SIGN UP FOR BLUE GROUP	If the student can tread water for at least 15 seconds, and can swim freestyle with rotary (side) breathing SIGN UP FOR GREEN GROUP	If the student has achieved a GREEN Starfish Swim School Award Patch and needs to learn or refine backstroke, breaststroke, butterfly SIGN UP FOR STROKE SCHOOL	If the student can swim 25 yards freestyle with side breathing, needs to build endurance and wants to learn turns, starts, and swim team training techniques SIGN UP FOR STARFISH SWIM CLINIC

WHITE/RED

Monday

W - 6:05 - 6:35 PM

R - 6:35 - 7:05 PM

Tuesday

W - 6:05 - 6:35 PM

R - 6:35 - 7:05 PM

Wednesday

W - 6:05 - 6:35 PM

R - 6:35 - 7:05 PM

Thursday

W - 6:05 - 6:35 PM

R - 6:35 - 7:05 PM

Saturday

W - 11:00 - 11:30 AM

R - 11:30 AM - 12:00 PM

YELLOW

Monday

6:35 - 7:05 PM

Tuesday

6:35 - 7:05 PM

Wednesday

6:35 - 7:05 PM

Thursday

6:35 - 7:05 PM

Saturday

11:30 AM - 12:00 PM

BLUE

Monday

7:05 - 7:50 PM

Tuesday

7:05 - 7:50 PM

Thursday

7:05 - 7:50 PM

Saturday

12:00 - 12:45 PM

GREEN

Monday

7:05 - 7:50 PM

Tuesday

7:05 - 7:50 PM

Thursday

7:05 - 7:50 PM

Saturday

12:00 - 12:45 PM



AQUATICS

Spring Mini Aquatics 2023 (4 week session - twice a week)

SWIM PLACEMENT: Tuesday, May 30, 6:00 - 8:00 PM, Mark Twain Pool, 160 Woodlawn Avenue.

ONLINE REGISTRATION: Wednesday, May 31, 8:00 PM

GREEN

WHITE/RED

Monday/Wednesday

W 6:05 - 6:35 PM

R 6:35 - 7:05 PM

Tuesday/Thursday

W 6:05 - 6:35 PM

R 6:35 - 7:05 PM

YELLOW

Monday/Wednesday

6:35 - 7:05 PM

Tuesday/Thursday

6:35 - 7:05 PM

BLUE

Monday/Wednesday

7:05 - 7:50 PM

Tuesday/Thursday

7:05 - 7:50 PM

Monday/Wednesday

7:05 - 7:50 PM

Tuesday/Thursday

7:05 - 7:50 PM

Classes begin the week of June 5, 2023.

Summer Mini Aquatics 2023 (4 week session - twice a week)

SWIM PLACEMENT: Saturday, June 17, 11:00 - 1:00 PM, Mark Twain Pool, 160 Woodlawn Avenue.

ONLINE REGISTRATION: Thursday, June 29, 8:00 PM

GREEN

WHITE/RED

Monday/Wednesday

W 6:05 - 6:35 PM

R 6:35 - 7:05 PM

Tuesday/Thursday

W 6:05 - 6:35 PM

R 6:35 - 7:05 PM

YELLOW

Monday/Wednesday

6:35 - 7:05 PM

Tuesday/Thursday

6:35 - 7:05 PM

BLUE

Monday/Wednesday

7:05 - 7:50 PM

Tuesday/Thursday

7:05 - 7:50 PM

Monday/Wednesday

7:05 - 7:50 PM

Tuesday/Thursday

7:05 - 7:50 PM

Classes begin the week of July 10, 2023.



AQUATICS SPRING SESSION

Starfish Stroke School®

This course is for students of all ages who have achieved the Green Stroke School benchmarks. Students refine freestyle and learn stroke technique for backstroke, butterfly, breaststroke, and develop endurance.

Stages are as follows: White, Red, Yellow, Blue, and Green. **All participants MUST PASS Swim School Green in order to register for stroke school OR have been water tested.**

Classes start the week of March 27.

Fee: \$120, Non-residents: \$150

Starfish Swim Clinic™

This course is for students of all ages who have achieved the Green Stroke School benchmarks. Students learn and refine the competitive strokes plus develop an understanding of basic training principles such as using a pace clock, starts and turns, and racing. This program is a great introduction to competitive swimming in a low-key environment.

Days: 8 Tuesdays starting on March 28 and 8 Saturdays, starting on April 29

Time: Tuesdays: 7:05 - 7:50 PM
Saturdays: 12:00 - 12:45 PM

Fee: \$150, Non-residents: \$180

Starfish Swim/Stroke School® for Teens (Ages 13-17)

This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Students work toward developing the five basic core swimming competencies using principles of adult learning. Stroke School will teach / refine all four competitive strokes.

Days: 8 Saturdays, starting on April 29

Time: Swim School - Sat., 11:00 - 11:45 AM
Stroke School - Sat., 12:00 - 12:45 PM

Fee: \$120, Non-residents: \$150

Spring Mini Session, 4 Mondays & 4 Wednesdays starting June 5

Summer Mini Session, 4 Mondays & 4 Wednesdays starting July 10

White (Freestyle)
Red (Backstroke)

Must pass ALL swim school benchmarks in order to register

Monday

W/R 6:15 - 7:00 PM

Tuesday

W/R 6:15 - 7:00 PM

Wednesday

W/R 6:15 - 7:00 PM

Thursday

W/R 6:15 - 7:00 PM

Friday

R 6:15 - 7:00 PM

Saturday

W 11:00 - 11:45 AM

R 11:00 - 11:45 AM

Yellow (Butterfly)
Blue (Breaststroke)
***Green (Endurance)**

**Must pass W/R/Y/B stroke benchmarks in order to register*

Monday

Y 7:05 - 7:50 PM

B 7:05 - 7:50 PM

Tuesday

***G** 7:05 - 7:50 PM

Wednesday

Y/B 7:05 - 7:50 PM

Thursday

***G** 7:05 - 7:50 PM

Friday

Y 7:00 - 7:45 PM

Saturday

B 12:00 - 12:45 PM

***G** 12:00 - 12:45 PM

SPECIALTY COURSES

Stroke School

If the student has achieved a GREEN Starfish Swim School Award Patch and needs to learn or refine backstroke, breaststroke, butterfly

SIGN UP FOR STROKE SCHOOL

Starfish Swim Clinic

If the student can swim 25 yards freestyle with side breathing, needs to build endurance and wants to learn turns, starts, and swim team training techniques

SIGN UP FOR STARFISH SWIM CLINIC



AQUATICS

SPRING MINI SESSION

Starfish Stroke School®

Fee: \$120 Non-residents: \$150

White (Freestyle)

Must pass ALL swim school benchmarks in order to register

Monday/Wednesday

6:15 - 7:00 PM

Tuesday/Thursday

6:15 - 7:00 PM

Red (Backstroke)

Monday/Wednesday

6:15 - 7:00 PM

Tuesday/Thursday

6:15 - 7:00 PM

Yellow (Butterfly) Blue (Breaststroke) Green (Endurance)

Must pass W/R/Y/B stroke benchmarks in order to register

Monday/Wednesday

Y/B 7:05 - 7:50 PM

Tuesday/Thursday

G 7:05 - 7:50 PM

SUMMER MINI SESSION

Starfish Stroke School®

Starfish Swim Clinic™

Fee: \$120 Non-residents: \$150

White (Freestyle)

Must pass ALL swim school benchmarks in order to register

Monday/Wednesday

6:15 - 7:00 PM

Tuesday/Thursday

6:15 - 7:00 PM

Red (Backstroke)

Monday/Wednesday

6:15 - 7:00 PM

Tuesday/Thursday

6:15 - 7:00 PM

Yellow (Butterfly) Blue (Breaststroke) Green (Endurance)

Must pass W/R/Y/B stroke benchmarks in order to register

Monday/Wednesday

Y/B 7:05 - 7:50 PM

Tuesday/Thursday

B/G 7:05 - 7:50 PM

Classes begin the week of June 5, 2023.

Classes begin the week of July 10, 2023.



AQUATICS SPRING SESSION

Recreation Open Swim

Open recreation swim. All parents must accompany children in water.

Dates: 8 Fridays, starting March 31

Time: 8:00 - 9:30 PM

Fee: Adult \$65 Child \$35

Non-residents: Adult \$80 Child \$50

Evening Lap Swim

Work out or leisure swim at your own pace. Must circle swim if more than two persons in a lane.

Dates: 8 weeks, starting March 27

Times: Mon./Wed./Fri. 8:00 - 9:30 PM

Tues./Thur. 8:45 - 9:45 PM

Fee: \$108 Non-residents: \$138

Aqua Zumba®

Integrating the Zumba® philosophy with traditional aquatic fitness disciplines, Aqua Zumba® blends it all together for a great fun workout. Just add water! Be prepared to workout!

Dates: 8 Thursdays, starting March 30

Time: 8:00 - 8:45 PM

Fee: \$120 Non-residents: \$150

Deep H2O Aqua Fit

Enjoy fabulous exercise in deep water with emphasis on lower body. Buoyant/resistance equipment provided or bring your own! You must be comfortable in the deep end of the pool.

Dates: 8 Wednesdays, starting March 29

Time: 7:15 - 8:00 PM

Fee: \$120 Non-residents: \$150

Golden Years Aqua Fit

Low impact aquacise for the young at heart. Water truly heals the body and soul! Age: 55+

Dates: 8 Saturdays starting on April 1

Time: 10:00 - 11:00 AM

Fee: \$75 Non-residents: \$90



AQUATICS SPRING SESSION

HydroRevolution® Total Body Workout

The Hydro Revolution Total Body Workout Program has been designed to take your overall fitness to the next level! Incorporated in the workout are Aqualogix and Aquastrength® Bells and Lower Body Fins. The workout consists of a dynamic flexibility warm up, strength & stability component which targets your total body before finishing off with a dynamic flexibility cool-down. The exercises in this program are very challenging and will completely work your overall stability, balance, coordination and movement patterns. Amazing workout!

For more information visit www.hydrorevolution.com.

Dates: 8 Mondays, starting March 27

Time: 8:00 - 8:45 PM

Fee: \$120, Non-residents: \$150

Spring Mini Session, 4 Mondays & 4 Wednesdays starting June 5

Summer Mini Session, 4 Mondays & 4 Wednesdays starting July 10

Aqua Body Strong

NEW! A floating class! Balance, strength, and yoga water based fitness class on fitness boards. Total core body workout. Great for all fitness levels. You will be challenged!

Dates: Wednesdays starting March 29 OR Saturdays starting April 1

Time: Wed. 8:00 - 8:45PM/Sat. 12:45-1:30 PM

Fee: \$15 per class Residents
\$25 per class Non Residents

Fit & Fabulous

Aquatic cardio and strength exercises with emphasis on minimal joint impact. Great class!

Dates: 8 Saturdays, starting on April 1

Time: 10:00 - 11:00 AM

Fee: \$120, Non-residents: \$150

Senior Fit & Fabulous

Low impact aquacise for the young at heart. Water truly heals the body and soul! Age: 55+

Dates: 8 Saturdays, starting on April 1

Time: 10:00 - 11:00 AM

Fee: \$75, Non-residents: \$90



AQUATICS SPRING SESSION



Starfish Swim School® for Adults (Ages 18+)

This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Students work toward developing the five basic core swimming competencies using principles of adult learning.

Dates: 8 Tuesdays, starting June 6

Time: Tuesdays 8:00 - 8:45 PM

Fee: \$120 Non-residents: \$150

Yonkers Condors Swim Team

Yonkers Competitive Swim Team has joined forces with the Westchester Condors to become part of USA Swimming year round. For more details and registration information, please visit www.swimcondors.org.

STARGUARD™ Lifeguard Training

Starfish Aquatic Institute (SAI) participants must successfully complete lifeguard training, first aid, AED, and CPR, STARGUARD™. Certification is equivalent to lifeguard certification from American Red Cross, YMCA, Ellis & Associates, and NASCO.

Must be 16 years old by completion of course. Please register online at <https://register.communitypass.net/yonkers> for upcoming course information. or call 914-377-6439.



AQUATICS SPRING SESSION

StarBabies™ & StarTots™

The purpose of the StarBabies and StarTots course is to develop in very young children a high comfort level in the water while at the same time training the adults who accompany them in water safety and drowning prevention. This course does not teach children to become accomplished swimmers or to survive in the water; it does provide a confidence-building, fun, and loving experience. One adult must be in the water with each child. Swim Diapers required.

(Adult & Infant ages 6 months - 18 months)

Days: 8 Fridays, starting on March 31

Time: 6:15 - 6:45 PM

Fee: \$110, Non-residents: \$140

(Adult and Toddler ages 18 months - 48 months)

Days: 8 Fridays, starting on March 31

Time: 6:45 - 7:15 PM

Fee: \$110, Non-residents: \$140



Armed with our Swim Whisperers® toolbox of strategies, Swim Angelfish Certified instructors assist swimmers of all abilities, including those with special needs, overcome obstacles and learn to swim without discomfort. Very limited spots.

Dates: 8 Saturdays starting April 29

Time: 1:00 - 1:30 PM

Fee: \$109 Residents, \$139 Non-Residents

Starfish Swim School® for Preschoolers (Ages 3 and 4)

Designed to meet the needs of children ages 3 & 4, this course will develop a high comfort level in the water and a readiness to swim and for those children who are developmentally ready, it will teach functional swim skills. This teaches swimming through creative, fun activities in the water. Students work toward developing the five competencies and progress toward achieving the benchmarks at their own pace in a small-group setting.

Days: 8 Mondays, starting on March 27
8 Tuesdays, starting on March 28
8 Wednesdays, starting on March 29
8 Thursdays, starting on March 30
Saturdays, starting on April 29

Time: Monday 6:05 - 6:35 PM
Tuesday 6:05 - 6:35 PM
Wednesday 6:05 - 6:35 PM
Thursday 6:05 - 6:35 PM
Saturday 11:00 - 11:35 AM

Fee: \$120, Non-residents: \$150



AQUATICS MINI SESSIONS

StarBabies™

(Adult with Infant ages 6 months - 18 months)

The purpose of the StarBabies and StarTots course is to develop in very young children a high comfort level in the water while at the same time training the adults who accompany them in water safety and drowning prevention. This course does not teach children to become accomplished swimmers or to survive in the water; it does provide a confidence-building, fun, and loving experience. One adult must be in the water with each child. Swim Diapers required.

SPRING SESSION

Days: 4 Fridays ONLY, starting June 9

Time: 6:15 - 6:45 PM

Fee: \$55 Non-residents: \$85

SUMMER SESSION

Days: 4 Fridays ONLY, starting July 7

Time: 6:15 - 6:45 PM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$55 Non-residents: \$70

StarTots™

(Adult with Toddler ages 18 months - 48 months)

SPRING SESSION

Days: 4 Fridays starting June 9

Time: 6:45 - 7:15 PM

Fee: \$55 Non-residents: \$85

SUMMER SESSION

Days: 4 Fridays starting July 7

Time: 6:45 - 7:15 PM

Fee: \$55 Non-residents: \$70



Starfish Swim School® for Preschoolers

(Ages 3 and 4)

Designed to meet the needs of children ages 3 and 4, this course will develop a high comfort level in the water and a readiness to swim and for those children who are developmentally ready, it will teach functional swim skills. This teaches swimming through creative, fun activities in the water. Students work toward developing the five competencies and progress toward achieving the benchmarks at their own pace in a small-group setting.

SPRING SESSION

Days: 4 Mondays, starting June 5 and

4 Wednesdays, starting June 7

4 Tuesdays, starting June 6 and

4 Thursdays, starting June 8

Times: Mon./Wed. 6:05 - 6:35 PM

Tues./Thurs. 6:05 - 6:35 PM

Fee: \$120 Non-residents: \$150

SUMMER SESSION

Days: 4 Mondays, starting July 10

4 Wednesdays, starting July 12

4 Tuesdays/Thursdays starting July 11

Times: Mon./Wed. 6:05 - 6:35 PM

Tues./Thur. 6:05 - 6:35 PM

Fee: \$120 Non-residents: \$150



EDWARD J. MURRAY MEMORIAL SKATING CENTER

(914) 377-6469 • 348 Tuckahoe Road • Yonkers, NY 10710



Ice Skating

September through April. Ice Skating and Ice Hockey Programs for all ages and skill levels. Registration begins in August 2023. The 2023-2024 season begins mid September 2023.

Public Roller Skating

Fridays 8:00 - 10:00 PM
June 17 – Aug. 19, 2022
General Admission \$11.00
Skate Rental \$6.00. Birthday parties welcome!

Roller Skating Outings

June through August - Arrange a roller skating outing for your group or organization. Birthday parties welcome! Skate rentals available.

Floor and Roller Hockey - YHL

Full teams or individual players may join our Adult Floor Hockey or Roller Hockey Leagues. Please call for more information.

Skate Park

Skateboarders welcome! Please visit Yonkers one and only skate park. The park is located adjacent to the entrance of E.J. Murray Memorial Skating Center. Opened every day from 8 AM to Dusk; weather permitting. For more information, please call 377-6469.

Rock 'n Rods Car Cruise

Begins Wednesday, in May. Join us every Wednesday from 6:00 - 9:00 PM. View the hottest vintage cars and street rods in Westchester.

Annual Ice Skating Show



FREE ADMISSION
Sunday, April 30, 3:00 PM



PROJECT FRIENDSHIP

Project Friendship is a group oriented program for ages 5 and above with developmental disabilities. Please note all participants need to be interviewed by a Recreation Supervisor. We do not offer 1:1 services for participants of the program. If your child needs additional support you are required to attend and interact with them. For all school aged/workshop participants an Individual Evaluation Plan and/or Individual Service Plan is required for acceptance into the program. We encourage all participants to have OPWDD eligibility. The City of Yonkers is a waiver program. All participants must be toilet trained. Please call (914) 377-6438 with any questions. Fees (per participant): Yonkers Residents \$175. Non-residents \$360. Any group home individual \$335. Please note: There will be an additional fee for bowling and some special events planned during the course of the year. Please note - if the participant is on the Medicaid waiver an ISP addendum and an approval letter needs to be submitted. No admission or readmission to this program is final until determined by the Parks Department.

ART THERAPY

Participants learn about self expression and creative arts during the fun-filled hour. Activities include: painting, crafts and sculpting.

Age: Children and Teens

Day: Program meets twice a month on Saturdays

Time: 2:00 – 3:00 pm

Location: Bernice Spreckman Community Center
777 McLean Avenue

BOWLING

Our bowling league provides staffing for supervision and assistance with score keeping. Bumpers are available.

Age: Adults \$9.00 per 2 games

Day: Fridays

Time: 3:30 – 5:30 pm

Location: Paradise Lanes
790 Yonkers Avenue

DELIGHTFUL DINING

Enjoy a wonderful hour of simple but delicious food and etiquette. This will definitely be a program all will enjoy.

Age: Children and Teens

Date: Program meets twice a month - first and third Saturdays

Time: 2:00 – 3:00 pm

Location: Bernice Spreckman Community Center
777 McLean Avenue

HERO TENNIS

This program is designed to promote a participant's coordination and agility skills.

Age: Children, Teens, Teens and Adults

Days: Program meets weekly on Saturdays

Time: 11:00 – 12:00 pm

Location: School 30
30 Nevada Place

MUSIC THERAPY

Participants will use music to explore and improve physical, psychological, cognitive and social functioning

Age: Children and Teens

Day: Program meets twice a month every other Saturday

Time: 2:00 – 3:00 pm

Location: Bernice Spreckman Community Center
777 McLean Avenue

SPECIAL OLYMPICS

Supervised sports instruction will be offered to participants who meet eligibility requirements for the Westchester/Putnam Special Olympics. The program is offered to Teens and adults during the months of October through mid-May.

Age: Teens and Adults

Day: Saturdays

Time: 9:00 – 11:00 AM

Location: School 30
30 Nevada Place

STORYTELLING

Join us as we read our all-time favorite stories! Parents and participants are encouraged to bring in stories as well!

Age: Children and Teens

Day: Saturdays

Time: 12:30 – 1:00 pm

Location: Bernice Spreckman Community Center
777 McLean Avenue

THEATRE WORKSHOP

Learn the wonderful craft of drama, self-expression and miming.

Age: Children and Teens

Day: Program meets twice a month on Saturdays

Time: 12:30 – 1:00 pm

Location: Bernice Spreckman Community Center
777 McLean Avenue

YOUNG ADULTS CLUB

A social program for developmentally disabled Teens through adult years. Activities include: going to the movies, dine-outs, dance therapy, exercise, entertainment, art, dancing and much more.

Age: Teens and Adults

Day: Tuesdays

Time: 6:00 – 7:30 pm

Location: Bernice Spreckman Community Center
777 McLean Avenue

ZUMBA

This fabulous program promotes self-esteem, morale and worth for all who attend. This motivational program will benefit all that attend.

Age: Children and Pre-teens

Day: Program meets twice a month on Fridays

Time: 1:00 – 2:00 pm

Location: Bernice Spreckman Community Center
777 McLean Avenue

A multitude of special event activities will be planned throughout the year. For additional information please call 377-6438.

PLEASE NOTE: Project Friendship programs begin the second week in October, and ends the second week in August.



SENIOR CITIZEN RECREATION

The Yonkers Senior Centers are located throughout the city. Senior Citizen Recreation is free for all Yonkers residents 60+ years and \$25 per year for Non-residents. Each Senior Center is completely different. When visiting a Senior Center ask to see the Leader. The Specialist Programs are free recreation classes including fitness and artistic classes. This program is open to residents 60+ years. Registration is not required. Simply drop in and take a class.

For more information on our senior programs, classes, and events call 377-6442.

SENIOR GROUP #2

Grinton I. Will Library - Senator Flynn Room

1500 Central Park Avenue

Phone: 337-1500, press 348

Monday – Friday 12:30 – 4:30 pm

This site is in a small room which allows for a coffee hour, card playing and Mahjong.

SENIOR GROUP #3

Bernice Spreckman Community Center

777 McLean Avenue

Phone: 377-6472

Monday – Friday 12:00 – 4:00 pm

This is a multi-room site which allows for many different activities: billiards, bingo, sing-along, sewing and crafts, card playing, movies, exercise, yoga, line dancing, shuffleboard, bocce, intergenerational program, coffee hour and organized parties.

SENIOR GROUP #4

Charles Cola Community Center

945 North Broadway

Phone: 377-6483

Mondays, Wednesdays, and Fridays 12:30 – 4:30 pm

This site offers arts and crafts, bridge, bingo, card playing, drawing, and many parties.

SENIOR GROUP #7

Homefield House

911 Saw Mill River Road

Phone: 327-1566

Tuesdays and Fridays 11:30 am – 4:30 pm

This site offers bingo, card playing, watercolor painting classes, and parties.

SENIOR GROUP #8

Runyon Heights Community House

21 Runyon Avenue

Phone: 969-2733

Wednesdays 11:30 am – 4:30 pm

This site offers card playing, Tripoly, exercise, bingo, and parties.

SENIOR GROUP #10

Bronx River Road (Scotti) Community Center

680 Bronx River Road

Mondays – Fridays 11:30 – 3:30 pm

Phone: 377-6486

This site offers bingo, card playing, exercise, arts and crafts and parties. *Lunch program available through Office for the Aging, call 377-6822.

SENIOR GROUP #12

Nodine Hill Community Center

140 Fillmore Street

Phone: 377-6475

Mondays – Fridays 12:00 – 4:00 pm

This is a multi-room site which offers: billiards, bingo, card playing, exercise, yoga, line dancing, watercolor, bocce, computer classes, and a coffee hour.

SENIOR GROUP #15

Nepperhan Community Center

342 Warburton Avenue

Phone: 965-0203

Tuesdays and Thursdays 12:00 – 4:00 pm

This site offers Pokeno, Tripoly, exercise and crafts.

*Lunch program available through Office for the Aging, call 377-6822.

SENIOR GROUP #16

Our Lady of Fatima

5 Strathmore Road

Phone: 255-4269

Mondays and Tuesdays

12:00 – 4:00 pm

This site offers Mahjong, art, and exercise classes



SENIOR CITIZEN RECREATION



Bingo is held at the various senior centers and open year round to Yonkers Residents 60 years and older. Bingo schedule subject to change. Please call ahead center to confirm schedule.

TUESDAY

Nodine Hill Community Center

140 Fillmore Street
1:00 PM
377-6475

Homefield House

911 Saw Mill River Road
1:00 PM
327-1566

WEDNESDAY

Nodine Hill Community Center

140 Fillmore Street
12:30 PM
377-6475

Runyon Heights Community House

21 Runyon Avenue
1:00 PM
969-2733
[once a month usually the 3rd Wednesday of the month]

THURSDAY

Bernice Spreckman Community Center

777 McLean Avenue
1:00 PM
377-6472

FRIDAY

Bronx River Road Community Center*

680 Bronx River Road
1:00 PM
377-6486

** There is also bingo before the 12:00 noon lunch program. Lunch program available through Yonkers Office for the Aging. For information please call 377-6822.*



Coming Soon: Bingo Wednesday – Most Centers

SENIOR CITIZEN RECREATION

HEALTH & WELLNESS CLASSES

Registration is free! Please register in person on the first day of the class. We reserve the right to cancel any class due to lack of enrollment. Inclement weather? Call the hotline 377-6454 one hour prior to the scheduled class or center opening. For more information on Senior Programs please call 377-6442.

MONDAYS

ZUMBA

Instructor: Rufus Gibson
9:30 - 10:30 AM, April 3 - May 22
Nodine Hill Community Center, 140 Fillmore Street

SHINE FITNESS

Instructor Kathy Schwartz
11:00 - 12:00 PM, April 3 - May 22
Nodine Hill Community Center, 140 Fillmore Street

SHINE FITNESS

Instructor: Kathy Schwartz
1:00 PM - 2:00 PM, April 3 - May 22
Annunciation/Fatima, 5 Strathmore Road

TUESDAYS

EXERCISE

Instructor: Cathy McMahon
11:00 am-12:00 PM, April 4 - May 30
Nepperhan Community Center, 342 Warburton Avenue

CHAIR EXERCISE

Instructor: Gabriel Cruz
12:15 - 1:15 PM, April 4 - May 30
Bronx River Community Center, 680 Bronx River Road

CHAIR EXERCISE

Instructor: Cathy McMahon
12:30 -1:30 PM, April 4 - May 30
Homefield House Community Center, 911 Saw Mill River Road

CHAIR EXERCISE

Instructor: Gabriel Cruz
1:30 - 2:30 PM, May 4 - May 30
Nepperhan Community Center, 342 Warburton Avenue

CHAIR EXERCISE

Instructor: Cathy McMahon
12:30 -1:30 PM, April 4 - May 30
Homefield House Community Center, 911 Saw Mill River Road

CHAIR EXERCISE

Instructor: Gabriela Cruz
2:45 - 3:45 PM, April 4 - May 30
Nodine Hill Community Center, 140 Fillmore Street

WEDNESDAYS

TAI CHI

Instructor: Alex Lamas
10:00 - 11:00 AM, April 5 - May 31
Nodine Hill Community Center, 140 Fillmore Street

EXERCISE

Instructor: Cathy McMahon
11:45 AM - 12:45 PM, April 5 - May 31
Charles A. Cola Community Center, 945 North Broadway

ACTIVE HEALTHY HEARTS

Instructor: Kim Caso
12:00 - 1:00 PM, April 5 - May 31
Runyon Heights Community House, 21 Runyon Avenue

THURSDAYS

SILVER STARS WALKING AND EXERCISE

Instructor: Keith Fields
10:00 - 11:00 AM, April 6 - May 25
Tibbetts Brook Park
Meet in Gazebo closest to the entrance parking lot.

EXERCISE

Instructor: Cathy McMahon
12:15 - 1:15 PM, April 6 - May 25
Bernice Spreckman Community Center, 777 McLean Avenue

FRIDAYS

TAI CHI

Instructor: Alex Lamas
12:00 - 1:00 PM, April 7 - May 26
Bernice Spreckman Community Center, 777 McLean Avenue

STAY STRONG AND FIT

Instructor: Barbara Gallo
12:00 -1:00 PM, April 7 - May 26
Bernice Spreckman Community Center, 777 McLean Avenue



SENIOR CITIZEN RECREATION

ARTS AND CRAFTS

Instructor: Joanna Cardilli

Enjoy a series of Arts and Crafts classes. Participants will enjoy creating seasonal crafts projects for the home and personal use.

REGISTRATION: Phone in – call the location of the class and register your name with the Senior Leader. Space is limited. Registration is free. Open to residents 60 years of age and older.

*We reserve the right to cancel any class due to lack of enrollment. Classes are not held on federal holidays.

Enjoy classes at these locations:

Homefield House

911 Saw Mill River Road
Tuesdays 2:00 - 4:00 PM
April 4, 11, 18

Nodine Hill Community Center

140 Fillmore Street
Fridays 1:30 - 3:30 PM
April 21, 28 and May 5

Bronx River Road Community Center

680 Bronx River Road
Wednesdays 2:00 - 4:00 PM
May 10, 17, 24, 31

TRIVIA TIME

Instructor: Maryl Turchi

Charles A. Cola Community Center

945 North Broadway
Wednesdays 1:00 - 3:00 PM
April 5, 12, 19, 26
May 3, 10, 17, 24, 31

Bronx River Road Community Center

680 Bronx River Road
Thursday 1:00 - 3:00 PM
April 6, 13, 20, 27, May 4, 11, 18, 25

LATIN MIX DANCING

Instructor: Ike Leong

Tuesdays 12:30 - 1:30 PM, starting April 4

Bernice Spreckman Community Center

777 Mclean Avenue

Nodine Hill Community Center

140 Fillmore Street

Thursdays 10:00 - 11:00 AM, starting April 6

ART & SKETCHING

All are welcome to experience the joy of creative activity.

Instructor: Michael Cuomo

Bernice Spreckman Community Center

777 Mclean Avenue

Mondays 1:45 - 3:45 PM starting April 3

HomeField House

911 Saw Mill River Road
Fridays 12:30 - 2:30 PM starting April 7

SKETCHING

Instructor: Diane Capasso

A drawing course for all those in search of developing their creative drawing process. Explore your creativity and learn with the most creative professionals.

1:00 - 2:00 PM

Wednesdays starting April 5

WebEx Meeting Number 2637 222 9823

Password: Welcome

Inclement weather? Call the City of Yonkers hotline at 377-6454 one hour prior to scheduled class or center opening to confirm if that the class is being held. For more information on Senior Recreation Programs call 377-6442.



SENIOR CITIZEN RECREATION

LINE DANCING

Instructor: Diane Capurso

Registration is free! Please register in person on the first day of the class. We reserve the right to cancel any class due to lack of enrollment. Inclement weather? Call the hotline 377-6454 one hour prior to the scheduled class or center opening. For more information on Senior Programs, please call 377-6435.

MONDAYS

Bernice Spreckman Community Center
777 McLean Avenue

Beginners Plus/Intermediate
12:30 - 1:30 PM

Dates: April 10, 17, 24, May 8, 15, 22

FRIDAYS

Charles A. Cola Community Center
945 North Broadway

Intermediate
12:30 - 1:30 PM

Dates: April 14, May 5, 19

Nodine Hill Community Center
140 Fillmore Street

Advanced
12:30 - 1:30 PM

Dates: April 21, May 12, 26





Thursday, April 13, 2023

10:00 AM – 2:00 PM

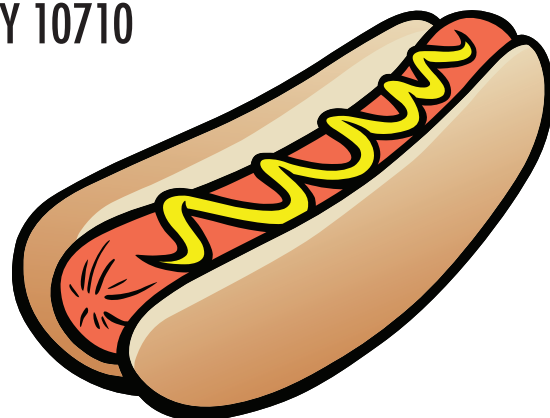
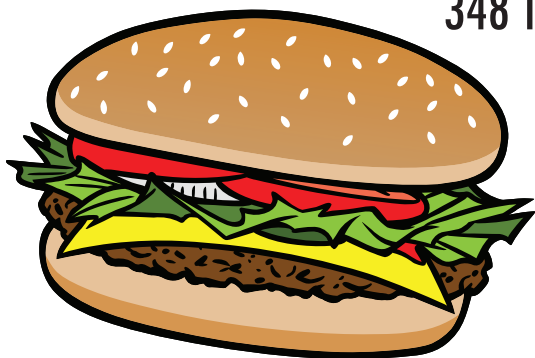
Castle Royale | 92 Waverly Street

ANNUAL SENIOR PICNIC

Thursday, June 15, 2023 • 11:00 AM to 3:00 PM

E.J. Murray Memorial Skating Center

348 Tuckahoe Road, Yonkers, NY 10710



COYNE PARK RIFLE & PISTOL RANGE

**771 McLean Avenue
Yonkers, NY 10704
(914) 377-6488
www.coyneparkrange.net**

The Coyne Park Range is an indoor shooting range conveniently located in southeast Yonkers. A public range welcome to all recreational shooters and law enforcement personnel. If you haven't yet taken the initial step, come join us, and see what you've been missing. Our range accommodates all handgun calibers, as well as .22 caliber rifles, and carbine rifles chambered for standard handgun ammunition (no magnum rounds permitted for any firearms at this time).

Hours of Operation

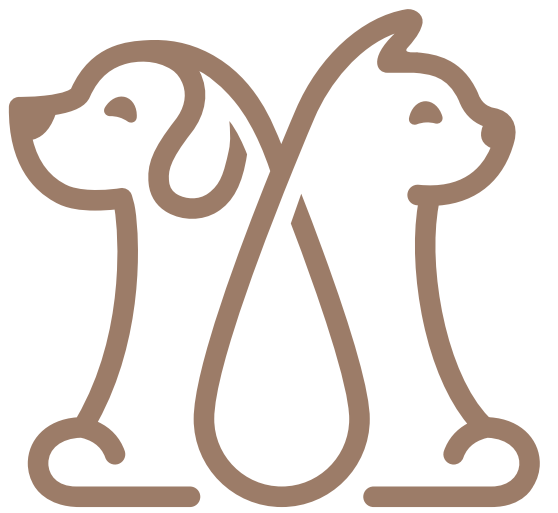
Monday, Wednesday & Thursday: 4:00 - 9:00 pm
Friday: 11:00 am - 9:00 pm
Saturday: 12:00 - 5:00 pm (January 7 - April 1, 2023)
Closed on Tuesday & Sunday
subject to change

Residents \$20 per hour, Non-residents: \$25 per hour
Yearly memberships available, Residents \$300, Non-residents \$375
Eye and Ear Protection: \$3 each
Rifle Rental: \$75 per person plus cost of ammunition,
includes eye and ear protection, instruction, and one hour admission.

NRA First Steps

Our National Rifle Association (NRA) First Steps Pistol and Rifle courses are for people who own a firearm. This course is offered by appointment only and typically involve one-on-one instruction.





YONKERS ANIMAL SHELTER

**1000 Ridge Hill Boulevard
Yonkers, NY 10710
(914) 377-6730**

Hours of Operation

11:00 AM to 4:00 PM

Adoption fees: Cats \$65 • Dogs \$80

Interested in adopting?

We are always in search of new homes for all of our wonderful pets, both cats and dogs. These animals are asking for a chance to show you their affection and love. If you are interested in a pet, please consider meeting our beautiful animals. A staff member is available to discuss our adoptable animals with you. Potential adopters are required to fill out our preadoption form, which can be done at the shelter.

Adoptions include:

Spaying and neutering
Distemper shot
De-worming
Rabies shot
Dog License
and a free examination with
a participating veterinarian





Yonkers Youth Bureau

285 Nepperhan Avenue | Yonkers, NY 10701

914.377.6443

youthbureau@yonkersny.gov

www.yonkersny.gov/youthbureau



MAYOR MIKE SPANO



The newly reinstated Yonkers Youth Bureau's mission is to serve Yonkers youth and their families through community development, advocacy, and prevention, strengthening the overall community. The Yonkers Youth Bureau will work to educate youth and their families with a focus on wellness, mental health awareness, career development, and other critical life skills to develop youth into productive members of the community.

Follow us today:



yonkersyouthbureau



SAVE THE DATE

SUNDAY, SEPTEMBER 17, 2023



cityofyonkers
mayormikespano



mayormikespano



cityofyonkers



cityofyonkers914



City of Yonkers
Department of Parks, Recreation & Conservation
285 Nepperhan Avenue Yonkers, New York 10701

www.yonkersny.gov
register.communitypass.net/yonkers